MACMILLAN CANCER SUPPORT JERSEY

Annual impact report 2025

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Purpose Vision Values Team

Purpose

To support local people affected by cancer.

Vision

To support everyone in Jersey affected by cancer, whilst shaping the future of cancer care.

Values

Our values guide how we work, how we support people and how we show up for one another every day. Culture is everything: it shapes the experience of the people who use our services, the way our team works together and the partnerships we build across Jersey.

Team

Leadership Team

CEO
Steph Gibaut

Head of Operations and Communications
Kevin Alway

Service Manager
Rachel Shorto

Fundraising Team

Fundraising Lead
Andrew Gardham (resigned November 2025)

Cancer Support Team

Centre Coordinator
Caroline Carpenter

Cancer Support and Wellbeing Practitioner
Kate Fitzpatrick

Counsellor
Jose Cansado

Palliative Emotional Support Consultant
Meera Rajasekaran

Complementary Therapists
Debbie Moran and Amanda Raimando

Improving the Cancer Journey Jersey Team

Lead Cancer Support Worker
Kerrie Le Crom

Cancer Support Worker
Kirsty Petrovic

Coordinator
Sue Wood

Board

Chair
Paul Savery

GP Director
Alizamaan Mithani

HR Director
Helen Seery (appointed 10 September 2025)
Tina Stuchfield (resigned 10 September 2025)

Marketing Director
Jacqui Patton (appointed 10 September 2025)
Danielle Pearse (resigned 10 September 2025)

Governance Director
Malin Martin

Finance Director
Michelle Fielding

Finance Director
Nickolas Collins (appointed 15 December 2025)

Oncology Director
Sivasithamparam Himayakanthan

Sustainability Director
Catherine Cooke (resigned 10 September 2025)

Company Secretary
Elsa Rocha Abreu

Message from Chair and CEO

As we reflect on the 2021–2025 strategy period, we are proud of the progress Macmillan Jersey has made and deeply grateful to everyone who has helped make that progress possible. These five years have been a period of growth, learning and transformation for the charity, shaped by our commitment to ensuring that islanders affected by cancer can access timely, compassionate and person-centred support.

Since 2021, Macmillan Jersey has strengthened the breadth and depth of the support we provide. We have expanded emotional and psychological support, developed wellbeing services, improved access and inclusion, and embedded Holistic Needs Assessments into the cancer pathway so that people's physical, emotional, practical and financial needs can be identified earlier and responded to through personalised care planning.

The impact of this work can be seen across the organisation. In 2025 alone, we raised £963,090, invested £890,352 in our work, delivered 4,253 support sessions to islanders affected by cancer, and were supported by 11 volunteers who gave 1,536 hours of cancer support. Across the five-year strategy period, Macmillan Jersey generated £4.38 million in income and invested £3.44 million in delivering and developing services.

Behind every number is a person, a family and a moment when support mattered. Whether through counselling, complementary therapies, group wellbeing activities, practical support, follow-up calls or a Holistic Needs Assessment, our aim has remained constant: to be there for people affected by cancer in Jersey, when and where they need us most.

We are particularly proud of the way the organisation has evolved from delivering high-quality support services to providing a more integrated, proactive and personalised model of care. This has only been possible through the dedication of our staff and volunteers, the leadership and guidance of our board, the generosity of our supporters and funders, and the strength of our partnerships across health, care, charity, community and corporate sectors.

As we look ahead, our 2026–2030 strategy builds on this strong foundation. The next five years will focus on expanding services, improving access through digital and practical solutions, strengthening partnerships and collaborations, increasing awareness across the community, and developing a sustainable income model to protect services for the future. Our 2026 focus areas will turn this ambition into action, with priorities including emotional support expansion, centre development, wellbeing and group support, expansion of beyond cancer services and sustainable income and shared projects.

We know that the needs of people affected by cancer will continue to change, and Macmillan Jersey must continue to evolve with them. We move into this next chapter with confidence and determination: confidence in the strength of what has been built, and determination to keep improving the support available to islanders affected by cancer.

Thank you to everyone who has been part of this journey. Your trust, generosity, partnership and commitment have made the achievements of the past five years possible and will help shape the future of cancer support in Jersey.

Steph Gibaut
Chief Executive Officer

Paul Savery
Chair

2025
at a glance

We raised **£963,090**

We spent **£890,352**

We provided **4,253 support sessions** to islanders affected by cancer

We hosted an **open strategy series** to inform our 2026–2030 strategy

11 volunteers provided 1,536 hours of cancer support to islanders

The support we offer – 2025 overview

Drop-in centre

308 people accessed our drop-in cancer support and wellbeing centre without a referral

Group support services

1086 people attended our group support sessions

Counselling & higher-level emotional support

835 sessions provided

955 follow-up support calls

Complementary therapies

965 complementary therapies were delivered

Holistic needs assessments

226 assessments were completed and individualised care plans created for patients

141 practical support sessions were provided

Fundraising highlights for 2025

£254,729
Grants and Trusts

£393,311
Events

£245,229
Individuals, Community and Corporate Giving

£69,821
Other

Cycling challenge:
Macmillan Jersey

Tour des Pyrénées 2025

A record-breaking cycle challenge from coast to coast

In 2025, 52 incredible cyclists took on the Macmillan Jersey Tour des Pyrénées, an unforgettable challenge riding from Biarritz on the Atlantic coast to Collioure on the Mediterranean.

Sponsored by Deloitte, Investec and Walkers, the challenge brought together a determined group of riders who committed themselves to an extraordinary journey across one of Europe's most demanding cycling routes. Over the course of the trip, the team tackled iconic climbs including the Col d'Aspin, Col d'Aubisque, Col du Soulor, Col de Chioula and Col de Jau.

From the steep mountain roads to long days in the saddle, every cyclist showed remarkable resilience, teamwork and commitment. Their efforts were rewarded not only with the achievement of completing a spectacular coast-to-coast ride, but with a record-breaking fundraising total of £236,000 for Macmillan Jersey.

This outstanding amount will help Macmillan Jersey continue to provide free emotional, practical and wellbeing support to islanders affected by cancer and their families. Every mile ridden and every pound raised will make a meaningful difference to people in Jersey when they need support most.

We are deeply grateful to our riders, their families and supporters, and to our sponsors Deloitte, Investec and Walkers, whose generosity and commitment helped make the Tour des Pyrénées such an extraordinary success.

Supporter story

Together Parties

Turning celebration into support.

For the past two years, events promoters Together Parties, led by Warren Le Sueur and Simon Gasston, have found a creative way to use their events to support Macmillan Cancer Support Jersey.

Through their guest lists at events, Warren and Simon have encouraged attendees to donate to Macmillan Jersey, raising funds while bringing people together at some of the island's unique musical gatherings. Following each event, they have continued that support by making additional donations to the charity, ensuring the generosity shown on the night makes a real difference locally.

Their commitment extends beyond fundraising. Warren and Simon have also generously volunteered their time, expertise and industry knowledge to support Macmillan Jersey's hugely popular White Collar DJ event, helping to shape an exciting fundraising experience for participants and guests alike. Together Parties have also encouraged White Collar DJ participants by offering them slots at the island's dance events and club nights.

Support like this shows community fundraising at its best. By using their skills, networks and events platform, Together Parties have helped raise awareness and vital funds for Macmillan Jersey, supporting our work with islanders affected by cancer and their families.

We are incredibly grateful to Warren, Simon and everyone involved with Together Parties for choosing to support Macmillan Jersey and for showing how creativity, generosity and community spirit can combine to make a lasting difference.

Our impact over 5 years

Counselling and higher-level emotional support

2021 – 407
2022 – 423
2023 – 524
2024 – 674
2025 – 835

Counselling and higher-level emotional support sessions more than doubled over the course of the strategy, increasing from 407 sessions in 2021 to 835 in 2025—a 105% increase. This sustained year-on-year growth reflects both increasing demand for emotional wellbeing support and our ability to expand services to meet the needs of the community.

Practical support

2021 – 133
2022 – 258
2023 – 205
2024 – 203
2025 – 141

Recorded practical support interventions reduced from a peak of 258 in 2022 to 141 in 2025. This reflects a change in service delivery rather than a reduction in support.

Following the introduction of the Improving the Cancer Journey Jersey (ICJJ) Holistic Needs Assessment (HNA), practical needs are identified earlier in a person's cancer experience and addressed proactively through personalised care plans. As a result, much of this activity is no longer recorded as standalone practical support interventions.

In 2025, the team also delivered 955 follow-up support calls as part of the HNA service, many of which included practical advice, coordination and assistance, demonstrating that practical support remains a core component of the service.

Group support

2021 – 948
2022 – 895
2023 – 1035
2024 – 1135
2025 – 1086

Group-based wellbeing activities—including meditation, ear acupuncture, fitness sessions and HOPE courses—consistently attracted high levels of participation throughout the strategy. Following a small decrease in 2022, attendance grew steadily, peaking at 1,135 attendances in 2024. In 2025, participation remained strong at 1,086 attendances, representing a 15% increase compared with 2021. This sustained engagement highlights the important role that group programmes play in supporting the physical, emotional and social wellbeing of people affected by cancer.

Wellbeing support

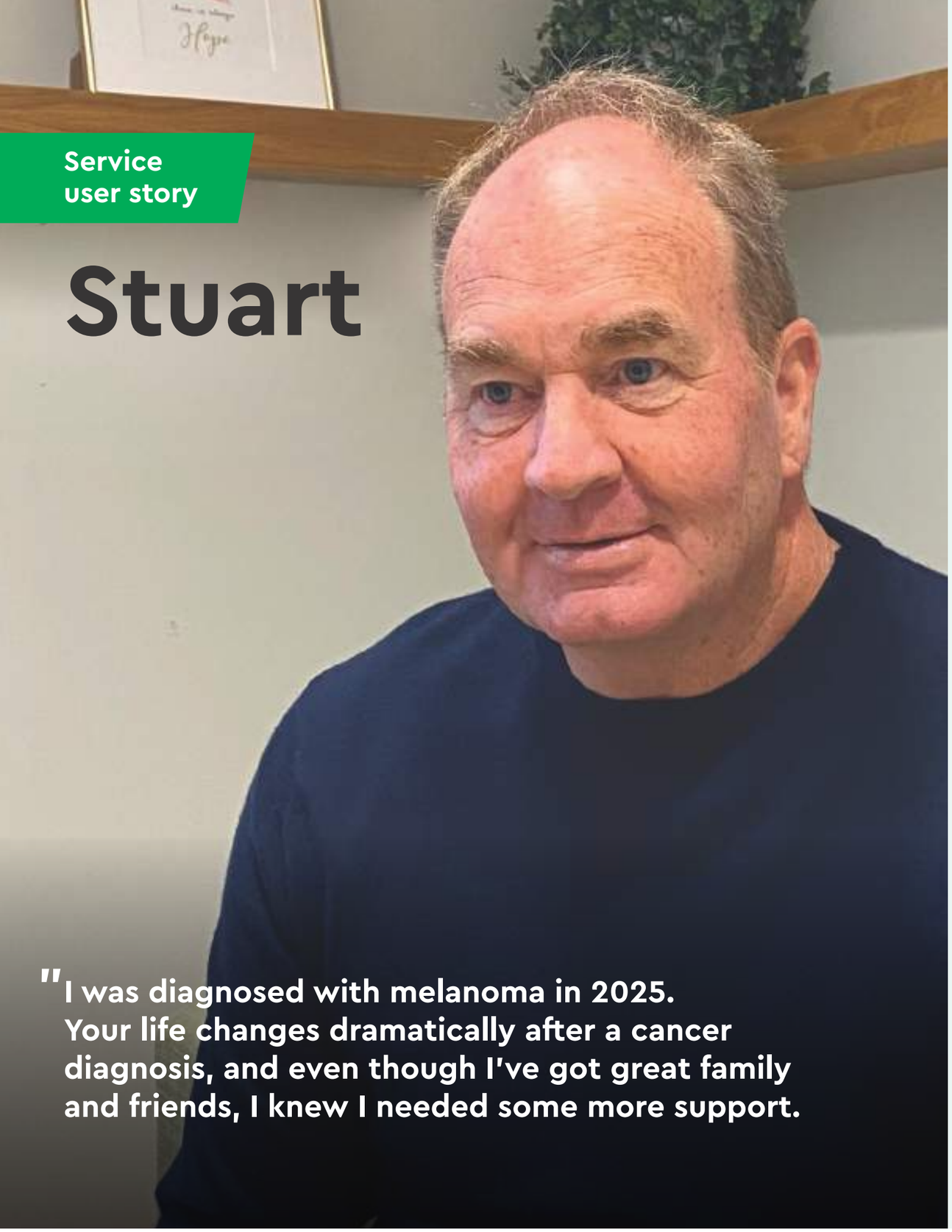
2021 – 405
2022 – 459
2023 – 326
2024 – 590
2025 – 965

Complementary therapy provision expanded significantly over the course of the strategy. Following a temporary reduction in activity during 2023, the service experienced sustained growth, reaching a record 965 sessions in 2025—an increase of 138% compared with 2021. This reflects the continued development of the service and growing recognition of the value of complementary therapies in supporting the physical and emotional wellbeing of people affected by cancer.

Holistic needs assessment

2024 – 137
2025 – 226

The Holistic Needs Assessment (HNA) service was formally launched at the end of 2023 following a successful pilot with radiotherapy patients, during which 300 people received an HNA between 2021 and 2023. In its first full year, 137 assessments were completed, increasing to 226 in 2025—a 65% increase. The growth reflects the successful integration of the HNA into routine practice, enabling more people to have their physical, emotional, practical and financial needs identified early and addressed through personalised care planning.



Service user story

Stuart

"I was diagnosed with melanoma in 2025. Your life changes dramatically after a cancer diagnosis, and even though I've got great family and friends, I knew I needed some more support.

Early in my treatment, I was invited to complete a Holistic Needs Assessment. The first time I walked into The Oasis Centre was nerve-racking, but going to this appointment made a huge difference. At a time when everything felt overwhelming, it gave me the opportunity to talk to someone who really understood what I was going through. It then opened the door to a range of support, including complementary therapy, relaxation and meditation sessions, emotional support, and the reassurance that I could always drop into The Oasis Centre if I needed someone to talk to.

My diagnosis changed the way I think about life, and I've had to accept that there are things I used to do that I'm no longer able to, like working and going for long walks. For me, coming to terms with some of these changes has been one of the hardest parts of learning to live with cancer. The emotional support that I've had from Macmillan Jersey has really helped me to face some of the challenges that have come with my diagnosis. I've realised it's important to focus on the things I can control. For me, that means getting out of the house every day, setting myself small goals and accepting the help that's offered by family, friends and the team at Macmillan Jersey.

Through Macmillan Jersey, I've been able to try new things, such as meditation, and these sessions have given me practical ways to manage difficult emotions and manage some of the stresses that come with going through treatment.

I'd never tried reflexology before my diagnosis, but I now really look forward to my appointments. The complementary therapists understand what my body is going through and tailor every treatment to how I'm feeling. Those sessions help me relax and improve my overall wellbeing.

The first time I walked into The Oasis Centre I felt anxious, but now it feels like a breath of fresh air. I walk down the corridor knowing that the moment I walk through the door I'll be supported. I always leave feeling better than when I arrived. Knowing that I can drop into the centre on difficult days has taken a huge weight off my mind. The support is unconditional. Sometimes just having someone who will sit, listen and give you their time makes all the difference.

I have had brilliant care from the Oncology team at the hospital, and this combined with the support of Macmillan Jersey has made a real difference. It has helped me manage the emotional impact of cancer, improved my wellbeing, and given me practical ways to cope with the changes I've had to face.

If I could say one thing to anyone who has recently been diagnosed with cancer, it would be this – The help is there in abundance. From the moment I walked through the door, I was treated as an individual. I can't think of a way the support could have been improved. The care and compassion from the Macmillan Jersey team is amazing, and I can't thank them enough.

I also want to encourage everyone to do what they can to reduce their risks of cancer. We know that Jersey has high rates of skin cancer but things can be prevented or treated when spotted early. Keep a lookout for changes to your skin and enjoy our outdoors, but make sure you protect your skin."

Strategic reflections:

Five years of progress

(2021–2025)

The 2021–2025 strategy set out an ambitious vision to ensure everyone affected by cancer in Jersey could access timely, person-centred support. Over the five-year period, significant progress has been made across each of the strategic pillars. While some objectives have been fully achieved and others remain a work in progress, the strategy has transformed the way Macmillan Jersey delivers care and works alongside partners.

1

Delivering holistic, person-centred care

Objective

Embed Holistic Needs Assessments (HNAs) at the point of diagnosis to ensure every person receives personalised support from the earliest stage of their cancer experience.

Key achievements

- Successfully introduced the Holistic Needs Assessment service following a pilot with radiotherapy patients.
- Expanded access so that HNAs are routinely offered to newly diagnosed patients.
- Trained staff and embedded personalised care planning into everyday practice.
- Shifted towards proactive support, identifying practical, emotional and physical needs earlier.

Reflection

The introduction of HNAs has fundamentally changed the way support is delivered. Rather than responding to concerns as they arise, the service now identifies needs early and provides coordinated, personalised support. Continued growth will depend on workforce capacity, strong partnership working and sustainable funding.

2

Strengthening emotional and psychological support

Objective

Develop specialist psycho-oncology services to better meet the psychological needs of people affected by cancer.

Key achievements

- Recruited a part-time Senior Consultant in Psycho-oncology.
- Established an integrated referral pathway for specialist psychological support.
- Continued to expand counselling and emotional wellbeing services across the organisation.

Reflection

Although the original vision has only been partially realised, important foundations have been established. Demand has developed differently than anticipated, with the specialist resource becoming part of the wider Cancer Support service. Future development will remain dependent on sustainable funding and ongoing evaluation of patient need.

3

Improving access and inclusion

Objective

Remove barriers to accessing support

Key achievements

- Increased accessibility through multilingual resources and translated website content.
- Introduced Portuguese-speaking counselling.
- Achieved Dementia Friendly recognition and completed the Eyecan accessibility audit.
- Continued to develop services that better reflect the needs of Jersey's diverse community.

Reflection

Significant progress has been made in making services more inclusive and accessible. However, further opportunities exist to reach underserved communities through outreach, digital innovation and stronger community partnerships.

4

Building stronger partnerships

Objective

Embed collaborative working across health, charity and community partners.

Key achievements

- Formalised partnership with Health and Care Jersey.
- Established regular joint working arrangements.
- Improved information sharing and collaborative approaches to patient care.
- Strengthened relationships with other charities to improve support pathways.

Reflection

The strategy reinforced that collaboration delivers better outcomes for patients. While partnership working has become embedded in many areas, continued success depends on maintaining strong relationships and navigating increasingly complex governance arrangements.

5

Creating a sustainable organisation

Objective

Develop a more resilient and sustainable funding model to support future growth.

Key achievements

- Diversified income sources, reducing reliance on fundraising events.
- Increased recurring income.
- Began commissioning discussions to support longer-term sustainability.

Reflection

The organisation is in a stronger financial position than at the start of the strategy, although external economic pressures and uncertainty around some funding streams mean sustainability will remain an ongoing strategic priority.

Looking back – and looking forward

Over the course of the strategy, Macmillan Cancer Support Jersey has evolved from delivering high-quality support services to providing a more integrated, proactive and person-centred model of care. The introduction of Holistic Needs Assessments, expansion of emotional wellbeing services, improved accessibility, stronger partnerships and a more resilient funding model have all contributed to better outcomes for islanders affected by cancer.

The experience of the last five years has also highlighted important lessons. Early intervention leads to better outcomes, collaboration strengthens impact, and services must continue to evolve alongside changing patient needs. These insights will provide a strong foundation for the organisation's next strategic plan.

How we raised and spent money 2021–2025

Five years of growth and impact (2021–2025)

The 2021–2025 strategy was a period of significant growth and transformation for Macmillan Jersey. Through careful financial stewardship, investment in new models of care and continued commitment to meeting the needs of islanders affected by cancer, the charity expanded both the scale and breadth of its support.

Over the five-year period, Macmillan Jersey generated £4.38 million in income and invested £3.44 million in delivering and developing services. Annual income increased from £747,455 in 2021 to £963,090 in 2025—an increase of almost 29%. During the same period, expenditure increased from £544,394 to £890,352, reflecting a deliberate investment in expanding frontline services, strengthening the workforce and embedding new models of personalised care.

This investment translated into tangible outcomes for people affected by cancer.

Five Years in Numbers

Measure	2021–2025 Total
Income generated	£4.38 million
Invested in services	£3.44 million
Counselling and higher-level emotional support sessions	2,863
Complementary therapy sessions	2,745
Group wellbeing attendances	5,099
Practical support interventions	940
Holistic Needs Assessments (including pilot)	663
HNA follow-up support calls (2025)	955

The figures demonstrate how Macmillan Jersey has expanded its reach and strengthened its support over the course of the strategy.

The data demonstrates that Macmillan Jersey has not only strengthened its financial position but has successfully translated investment into increased impact for islanders affected by cancer. Over five years, the charity expanded emotional support, increased access to complementary therapies, maintained consistently high participation in wellbeing programmes and embedded a proactive, personalised model of care through the Holistic Needs Assessment service.

The result is a stronger, more integrated and more responsive organisation—one that is better equipped to meet the changing needs of people affected by cancer today and well positioned to build on these achievements in the next strategic period.

Service user story

Catia

"Before my cancer diagnosis, I'd never asked for help. I was used to dealing with things by myself, so accepting that I needed support was one of the hardest things for me.

The wellbeing services at Macmillan Jersey helped me so much following my diagnosis. I attended yoga and Live Life Fitness classes, had complementary therapies including reflexology and reiki, practised meditation, and received emotional support to help manage my anxiety, particularly through breathing exercises.

I had a really difficult time during treatment, and the exercise classes kept me going. They really helped me manage the fatigue symptoms that came with my treatment. Being in a group setting with other people going through similar things was so helpful. It gave me a natural space to talk, listen and realise I wasn't alone. The people in the group supported me when I needed it, and as time went on, I found myself wanting to keep attending so that I could offer encouragement to others who were at an earlier stage in their treatment.

The support from Macmillan Jersey helped me to recognise and take control of the things that I was able to, during an exceptionally challenging time. I set myself a goal to attend these weekly classes, as they helped me manage both the physical pain and the emotional impact of my journey. I'm still undergoing treatment, and it gives me great reassurance to know that this support continues to be there when I need it. The care and encouragement that I have received have been truly incredible. "

Our plans for the future

The progress made between 2021 and 2025 has created a strong platform for the next stage of Macmillan Jersey's development. Over the past five years, we have expanded support, strengthened partnerships, embedded Holistic Needs Assessments, and developed a more proactive and person-centred model of care for islanders affected by cancer.

Our 2026–2030 strategy builds directly on this progress. It recognises that the needs of people affected by cancer continue to change, and that Macmillan Jersey must continue to evolve so that support remains timely, accessible, inclusive and sustainable. The next five years will focus on expanding services, improving access through digital and practical solutions, strengthening partnerships and collaborations, increasing awareness across the community, and developing a sustainable income model to protect services for the future.

This strategy is ambitious but practical. It sets a clear direction for growth while ensuring that the people who use our services remain at the centre of every decision we make.

Thank you

None of this progress, or our ambition for the future, would be possible without the people who stand alongside Macmillan Jersey.

We would like to thank everyone who has supported us over the past five years: the islanders and families who trust us during some of the most difficult moments of their lives; our staff and volunteers, whose compassion and commitment are at the heart of our work; our board members, whose guidance and leadership help shape our direction; and our supporters, donors, fundraisers, corporate partners and grant funders, whose generosity makes our services possible.

We are also grateful to our partners across health, care, charity, community and corporate sectors. The next phase of our strategy depends on continued collaboration, shared ambition and a collective commitment to improving the experience of people affected by cancer in Jersey.

As we look ahead to 2026–2030, we do so with gratitude for everything that has been achieved and with renewed determination to ensure that Macmillan Jersey continues to be here for islanders affected by cancer, when and where they need us most.

The Oasis

Macmillan Jersey's cancer support and wellbeing centre

Second floor (Suite 2.13)
Lido Medical Centre, St Saviour's Road

01534 498188

MACMILLAN CANCER SUPPORT JERSEY

www.macmillanjersey.com